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Adults Need Vaccines, Too!

Every year, tens of thousands of adults in the United States suffer serious health problems, are hospitalized, or even die from diseases that could have been prevented by vaccination. To recognize the importance of immunizations throughout life – and to help remind adults that they need vaccines, too – the Iroquois County Public Health Department is recognizing August as National Immunization Awareness Month. This is the perfect opportunity to make sure adults are protected against diseases like flu, whooping cough, tetanus, shingles and pneumococcal disease.

“There is a misconception among many adults that vaccines are just for children,” said Vonda Pruitt, Director of Nursing at the health department. “The truth is, you never outgrow the need for immunizations.”

The specific vaccines adults need are determined by factors such as age, lifestyle, risk conditions, locations of travel, and previous vaccines. All adults should talk to their health care professionals to make sure they are up-to-date on vaccines recommended for them.

Please contact the Iroquois County Public Health Department at 815-432-2483 if you have any questions about adult vaccines or to schedule an appointment.