# **Assembling a Body Fluid Cleanup Kit**

**PURPOSE:** To prepare for incidents requiring cleaning and disinfecting of body fluids, including vomit, diarrhea, and blood.

## **PROCEDURES:**

- 1. Purchase, and keep on hand at all times, sufficient quantities of the following items needed to assemble and immediately re-stock a Body Fluid Cleanup Kit:
  - Ethanol based hand sanitizer (62% Ethanol, FDA compliant)
  - Waterproof container sufficient in size to store personal protective and cleaning equipment
  - Personal protective equipment (PPE):
    - Disposable, non-latex gloves. Gloves should be vinyl or nitrile (rubber), and non-powdered. Gloves should be supplied in various sizes.
    - Disposable gown or apron, and shoe covers
    - o Face mask with eye protection, or goggles
  - Cleaning supplies:
    - o Sand, or liquid spill absorbent material
    - o Disposable flat-edge scoop, or equivalent (e.g., dustpan, shovel)
    - Plastic garbage bags and twist-ties
    - Liquid soap
    - Disposable paper towels
    - Disposable mop head
  - Disinfecting supplies:
    - Bucket designated for chemical use
    - Spray bottle
    - Household bleach (5.25% concentration, unscented)<sup>+</sup>
    - Measuring spoon (tablespoon) and cup (1/2 cup)
    - Disposable paper towels
    - Disposable mop head
    - Plastic garbage bags and twist-ties
  - <sup>†</sup> EPA-approved disinfectants may be used instead of chlorine bleach solutions. EPA-approved disinfectants appropriate for vomit and diarrhea may be found at <a href="https://www.epa.gov/oppad001/listgnorovirus.pdf">www.epa.gov/oppad001/listgnorovirus.pdf</a>. CDC guidelines on norovirus outbreak management and disease prevention recommend using chlorine bleach solutions on hard surfaces when possible. EPA-approved disinfectants appropriate for blood may be found at <a href="https://www.epa.gov/oppad001/listdnorovirus.pdf">www.epa.gov/oppad001/listdnorovirus.pdf</a>.
- 2. Assemble a Body Fluid Cleanup Kit using the materials purchased in step 1 of this SOP:\*
  - Place the following supplies into a waterproof container:
    - o Twelve (12) pairs of disposable, non-latex gloves
    - One (1) disposable gown or apron





- One (1) pair of disposable shoe covers
- One (1) face mask with eye protection, or goggles
- One (1) package of disposable paper towels
- Two (2) disposable mop heads
- One (1) disposable flat-edge scoop, or equivalent
- o Two (2) dry cups of sand, or liquid spill absorbent material
- Four (4) Plastic garbage bags and twist-ties
- Procedures for use of the Body Fluid Cleanup Kit. For example, the Food Safety
  SOP Cleaning and Disinfecting Body Fluid Spills
- Seal the waterproof container with a lid and label with the date.
- \* Pre-assembled commercial kits containing recommended supplies are available through many vendors. Check with your chemical supply company or foodservice distributor.
- 3. Store the Body Fluid Cleanup Kit with an unopened container of household bleach, or the EPA-approved disinfectant; the bucket designated for chemical use; and the spray bottle in an area designated for chemical storage and/or cleaning supplies.
- 4. Train foodservice employees on how to use PPE and the contents of the Body Fluid Cleanup Kit.

## **MONITORING:**

The foodservice manager will ensure that:

- 1. The Body Fluid Cleanup Kit is properly assembled at all times. This includes ensuring that supplies and chemicals have not expired.
- 2. Excess materials and supplies are available to immediately restock the Body Fluid Cleanup Kit after use.
- 3. The Body Fluid Cleanup Kit, and associated chemicals and supplies, are stored in accordance with this SOP.
- 4. Foodservice employees are trained to properly use:
  - PPE, and
  - The Body Fluid Cleanup Kit.

## **CORRECTIVE ACTION:**

The foodservice manager will:

- 1. Properly assemble/restock the Body Fluid Cleanup Kit immediately. Replace expired/out-of-date supplies.
- Provide excess materials and supplies to enable immediate restocking of the Body Fluid Cleanup Kit.
- 3. Retrain foodservice employees in proper storage of the Body Fluid Cleanup Kit, and associated chemicals and supplies.
- 4. Retrain/educate foodservice employees in how to properly use PPE and the Body Fluid Cleanup Kit.





#### **VERIFICATION AND RECORD KEEPING:**

The foodservice manager will:

- 1. Once per month, check the Body Fluid Cleanup Kit to ensure that it is properly assembled, and create and complete a log to document that the monthly check occurred. Keep the log on file for a minimum of one year.
- 2. Complete a <u>Damaged or Discarded Product Log</u> when expired/out-of-date supplies are discarded. Keep the log on file for a minimum of one year.
- 3. Document training sessions for foodservice employees in proper use of PPE and the Body Fluid Cleanup Kit using an <a href="Employee Food Safety Training Record">Employee Food Safety Training Record</a>.

| APPROVED BY: | DATE: |
|--------------|-------|
| REVIEWED BY: | DATE: |
| REVISED BY:  | DATE: |

#### **REFERENCES:**

- Public Health Service, Food and Drug Administration. <u>Supplement to the 2009 FDA Food Code</u>. Annex 3; Chapter 2-501.11: Pages 53-56. <u>www.fda.gov/Food/GuidanceRegulation/RetailFoodProtection/FoodCode/ucm272584.htm</u>
- Centers for Disease Control and Prevention. <u>Updated Norovirus Outbreak Management and Disease Prevention Guidelines</u>. MMWR 2011; 60(No. 3): Pages 1-16.
  www.cdc.gov/mmwr/preview/mmwrhtml/rr6003a1.htm
- 3. Occupational Safety and Health Administration. (2008). <u>OSHA Fact Sheet: Noroviruses</u>. <u>www.osha.gov/Publications/norovirus-factsheet.pdf</u>.
- 4. Conference for Food Protection. (2008) <u>Emergency Action Plan for Retail Food Establishments</u>. <u>www.foodprotect.org/media/guide/EmergencyActionPlanforRetailFoodEstablishments2008.pdf</u>.



